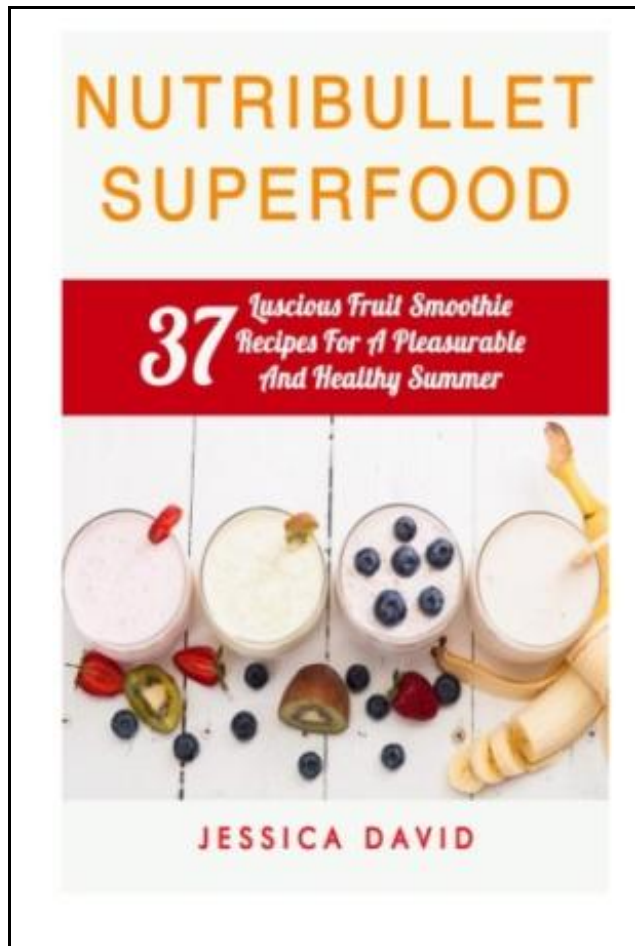


Nutribullet Superfood: 37 Luscious Fruit Smoothie Recipes for a Pleasurable and Healthy Summer (Paperback)



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Reviews

*It is a single of my personal favorite ebook. It really is filled with wisdom and knowledge I discovered this book from my dad and i recommended this book to discover.
(Kyla Goodwin)*


NUTRIBULLET SUPERFOOD: 37 LUSCIOUS FRUIT SMOOTHIE RECIPES FOR A PLEASURABLE AND HEALTHY SUMMER (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The quick and easy way to extract ALL of the nutrients superfoods have to offer in luscious healthy smoothies using Nutribullet technology. Fruit smoothies define enjoyment. If you're laying around the Virgin Islands enjoying the calming waves and warming sunshine there is nothing better than having a nice luscious, cold fruit smoothie by your side. There is just something incredible about fruits, milks and sugars mixed together as a drink. Sure green smoothies may be healthy, but they aren't fun and relaxing like fruit smoothies are. Each smoothie includes a host of superfoods. Superfoods give you a leg over the competition with their nutrient rich ingredients. The Nutribullet will process the foods down so they are easily digested and the nutrients are released into your bloodstream almost immediately. Not to mention, these recipes are formulated to taste fantastic! Experience The Superfood NutriBlast! Absorb the Health Benefits of Nutribullet Superfood NutriBlasts! Save time Look good Eat healthy Look radiant Lose weight Energize your mind and body Live a longer, more fulfilling life Each blast is both filling and nutritious! Low Fat Low Calories High Fiber High Protein High Vitamin and Antioxidant Content Here are just a few fruit smoothie recipes included: Strawberry Banana Sunrise Greek Olympian Smoothie Coconut Cherry Smoothie Summer Breeze Lemon Blueberry Coconut Smoothie Vitamin C Boost Smoothie Also Includes The Only Green Smoothie You Will Ever Need Super Clean Green Detox Cleanse Smoothie These smoothies take only a few minutes to formulate and can be enjoyed all day. Download this book now to enjoy luscious nutribullet fruit smoothies recipes that will ensure a pleasurable and healthy summer.

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