



## The Low-Carb Baking and Dessert Cookbook

By Ursula Solom

Houghton Mifflin Harcourt. Hardcover. Book Condition: New. Hardcover. 304 pages. Dimensions: 9.3in. x 6.4in. x 1.1in.

Scrumptious, easy-to-make breads, pastries, and confections from a chef who is revolutionizing carb-smart cooking and eating Ursula has worked tirelessly to develop scores of recipes for breads, biscuits, pastries, cookies, pies, cakes, candy, and confections that are not merely low-carb, they're delicious to boot! Her culinary alchemy gives us all a leg up on the learning curve to make luscious . . . treats that, if we use them wisely, will make it that much easier to stick to the . . . plan for life. --From the Foreword by Dr. Mary Dan Eades, M. D. coauthor of The Low-Carb CookwoRx Cookbook and Staying Power Do you dream of the warm, satisfying taste of hearty brown bread or the flaky goodness of hot buttermilk biscuits Do you long for fresh-baked muffins, the sweet chilled delights of peach ice cream, or the yumminess of blueberry pie Now, thanks to extraordinary chef Ursula Solom, you can once again experience the full, rich flavor and satisfaction of these and all your favorite high-carb treats without compromising on your commitment to carb-conscious eating. From Sourdough Bread, Cheese Bread Sticks, Banana Coconut...



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