



## The Essence of Tantric Sexuality

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By Mark A. Michaels; Patricia Johnson

Llewellyn Publications, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service!  
Summary: In 1976, Dr. Jonn Mumford gave a series of groundbreaking lectures on sexual Tantra at the annual Gnosticon conference. Thirty years later, his teachings still resonate. Based on Dr. Mumford's pioneering work, The Essence of Tantric Sexuality introduces Tantric theory and practice-revealing powerful techniques that, until now, have been kept secret. From autoerotic mysticism to sex magic, this book reveals how internal energies can be used to reach altered states of consciousness and transcendence. Much more than an erotic sex manual, this book also carefully explains the Tantric philosophy and the principles of this Indian tradition, effectively demystifying Tantra and making it accessible to beginners. Erogenic zones, perfume magic, secret Tantric symbols, Tantric massage, the Tantric mass, and Tantric terminology are all explored in this comprehensive guide to sexual Tantra.



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