



## No More Makeup: Taking Off the Mask to Uncover Healing

By Thakore CoCo O'Neal

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 200 pages. Dimensions: 10.0in. x 7.0in. x 0.5in. Customer Review: A journey of hope, healing and liberating freedom in Christ. 81013 This treasure of a book No More Make Up was birthed out of both pain and restoration. Yes, both occurred but author Thakore O'Neal lives today not out of the ashes of yesterday but with a new strength in the Lord to declare her victory and to inspire you on to yours. Growing up presented a series of traumatic events where the family's communication faltered, where a once treasured father became a drug addict, and where a scared child would remain lost in confusion and identity for many years. It is not a message of doom but one of hope and challenge to those today suffering from trauma. If you struggle with any of these situations this book will benefit you: -anger over your abused past-inability to forgive others-wanting to trust and open up but too afraid-low self esteem from verbal and emotional abuse and or neglect-feeling unloved, unwanted, and misunderstood Her life happenings, she believes, were allowed by others so that she could be of help...



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